

Diabetic and and Diabetic-Orthopaedic Footwear

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Certified Pedorthist & Certified in Lower Extremity Amputation Prevention and Comprehensive Management and Treatment of the Neuropathic Foot. On-site Diabetic Foot Care Nursing.

- ❖ We focus on early intervention and prevention in order to protect the Diabetic foot from complications. All patients with Diabetes should have an annual comprehensive Diabetic foot assessment with Risk Categorization, education and treatment if necessary.
- All patients with a painful foot condition should be assessed, diagnosed and treated in order to keep patients on the ground, mobile and walking to prevent life-style related diseases including Diabetes.

We provide the following services:

- > Comprehensive Diabetic Foot Exams sensory testing to measure loss of protective sensation, loss of deep pressure sensation, motor testing, temperature, skin and nail integrity, pedal pulses and evaluation of foot deformities. All Diabetic patients will be given a Risk Category for complications and should have this updated annually
- **Pedorthic Biomechanical Assessment for Painful Foot Conditions (Bunions, Pes Planus Plantar** Fasciitis, Hallux Rigidus and Posterior Tibial Tendon Dysfunction)
- Patient education on monitoring and preventative care of the neuropathic foot
- Preventative Off-Loading based on Risk Category/Neuropathy.
- Custom Foot Orthotics (Diabetic and Functional) and Footwear Recommendations
- Diabetic Foot Care Nursing (including callus and corn removal and toenail care)
- > ALL clients under First Nations Health Authority are fully covered regularly every two years for Custom Foot Orthotics. Persons With Disability Social Services Designation are covered every three years for orthotics and footwear. DVA and Extended Benefits have varying coverage.

#102 – 5180 Dublin Way, Nanaimo, BC, V9T 0H2 in the Pacific Station building on the corner of Mostar and Metral